



YMCA

Give the gift of hope

Remember YMCA
in your Will to help
build a better future.



With a gift in your Will, you could change the course of a young person's life – bringing them out of hopelessness and despair, and giving them the chance of a better future.

I know, because I have seen it happen. When they arrive at YMCA, young people are at the lowest point in their lives. Some have nothing but the clothes they are wearing – no home, no support from a family and no hope for the future.

With a gift in your Will, you can welcome a young person into YMCA's family. You'll give them a safe place to stay, emotional support to get over what they've been through, and the training they need to build a bright future for themselves.

Our Founder, Sir George Williams, summed up the guiding principle that has united us since 1844, saying:

"It is not how little, but how much we can do for others."

Today, you can help secure the future of our life-changing work by remembering YMCA in your Will. I know that your Will is personal, and you will want to care for family first. But whatever you can leave for young people will make such a difference.

At YMCA we see the potential in young people. Thank you so much for considering giving a gift in your Will, and believing in young people.

With all my thanks,

A handwritten signature in black ink that reads "Denise Hatton".

Denise Hatton
Chief Executive

Give hope to the young people who'll need help in years to come

YMCA is the largest and oldest youth charity in the world. Over the years, we have developed our work, from providing support to soldiers and their families during the World Wars, to giving young people the chance of a bright future today.

Though our work has adapted to meet changing needs, our values have remained constant since Sir George Williams first set up the charity over 170 years ago. Your legacy could ensure vulnerable young people can count on us to support them in years to come.



“I feel like I can breathe again. YMCA is helping me onto the next stage of my life. YMCA is my family and it’s here that I feel like I’m at home.”

Laura, supported by YMCA.



“I first encountered YMCA during the War. I will never forget the effort they made to ease the lives of young soldiers like me. I don’t know how we would have got through those difficult times without their spiritual support.”

Angus Williams, World War II veteran.

Give someone like Karen a safe place to stay – and the hope of a brighter future

Karen finds it difficult to talk about her troubled relationship with her mum, but the abuse she experienced in the past has led her to self-harm and have suicidal thoughts.

“When my mum kicked me out, I had nowhere to go. Every day, I wondered where I was going to sleep and what I was going to eat. It was horrible, depressing and very lonely. For a while, I slept in a shed – it was really cold. The door didn’t close properly and I didn’t feel safe.”

Thankfully, Karen was referred to YMCA, where her key worker is slowly helping her move on from what she’s been through,

and helping her find opportunities so she can rebuild her life.

“When I first got a room at YMCA, I felt nervous. I think I was in shock. But it feels good now to be able to close the door.

“I’d been badly bullied at school and I don’t have any qualifications. With the help of YMCA, I started doing some volunteering and I got a cleaning job. I get up at 5.30am every day.

“I don’t know where I’d be without YMCA, but it wouldn’t be a good place. I like all the staff here – people care and support you.”

All stories used in this booklet are true, but names have been changed and models used to protect identities.



A gift in your Will can help us:

- Provide **accommodation** for young people with nowhere else to go.
- Promote stable, healthy **families** to give young people the best start in life.
- Promote **health & wellbeing** through community fitness and health clubs.
- Provide **training & education** to give young people the chance to build better futures.
- Give **support & advice** to young people who need help to overcome the challenges they face.

Give a gift of hope in six easy steps

1. Decide on executors for your Will who will ensure your wishes are respected, and name them in your Will.
2. Calculate the value of your estate, taking into account the value of any property and investments, as well as any debts.
3. List anyone you want to remember in your Will, including your family and favourite charities.
4. Go to a solicitor to draw up your Will.
5. You should keep your Will in a safe place and make sure your executors know where to find it. You can also ask your solicitor to look after your Will for you.
6. Please share your intentions with us. We'd like to thank you properly and to invite you to events that show you the work you support. But you can choose not to.

Give your gift, your way

Choose the type of gift that's right for you. For many people, it's a residuary gift that allows them to provide for family members first.

With a **residuary gift**, you can leave a percentage or the whole of your remaining estate, once all debts and other gifts have been paid. This kind of legacy isn't affected by inflation.

Choose a **pecuniary gift**, and you will specify a sum of money to leave YMCA, but it could be significantly affected by inflation.

Your questions answered

What type of gift should I leave?

Many supporters choose a residuary legacy because it keeps pace with inflation. Any gift – whatever the size – will make an enormous difference to the life of a young person who has nothing.

Do I need to draw up a new Will?

If you have a Will and just want to add a gift to YMCA, you can simply add a Codicil. Ask your solicitor to help you ensure your wishes are known and acted upon.

Do I need a solicitor?

We advise you to consult a solicitor whether you're making or changing your Will. You can find a solicitor in your area at www.lawsociety.org.uk or call **020 7320 5650** (Mon-Fri 9:00-17:30).

Who should I choose as executor?

Consider whether a close friend or family member is the right person to ensure your wishes are carried out. Some people choose to pay a bank or a solicitor to act as executor.

What is inheritance tax?

Some estates are liable for inheritance tax. The threshold changes and you can find the latest details at www.gov.uk



YMCA sent Jake (18) to catering college.

Please share your intentions

It would be an enormous help to know your decision so we can keep in touch appropriately in the future. Everything you tell us will be kept confidential and isn't legally binding.

I have already remembered YMCA in my Will.

If you would like to tell us more, you can do so here:

I intend to include YMCA in my Will.

I'd like to discuss remembering YMCA in my Will with you.

You can call Debbie Bland on **020 7186 9518** or email **supporterservices@ymca.org.uk** to arrange for a confidential, no obligation chat.

Title:

First name:

Last name:

Address:

Postcode:

Telephone*:

*Please provide us with the best contact telephone number for you.

Thank you for providing your details – we'll never share them with anyone else.

*Please turn over to
share your thoughts.*

YMCA

Gift of hope

A gift in your Will really will make a difference

“It is a real tragedy that so many young people end up on the street. I support YMCA because I believe that they are doing an absolutely fantastic job. Leaving them a gift in my Will is a great way to ensure that they can continue to do so, well into the future.”

Sandra Brookes, YMCA Supporter

“My dad always believed that, whatever their background, every young person deserves the chance to build a good life for themselves. By leaving a legacy in his Will, his belief is becoming a reality. I am so proud of him.”

Andrea Wilson, Daughter of a supporter who left a legacy to YMCA

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National Council of Young Men's
Christian Associations (Incorporated)

Registered Company No: 73749
Charity No: 212810



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION